



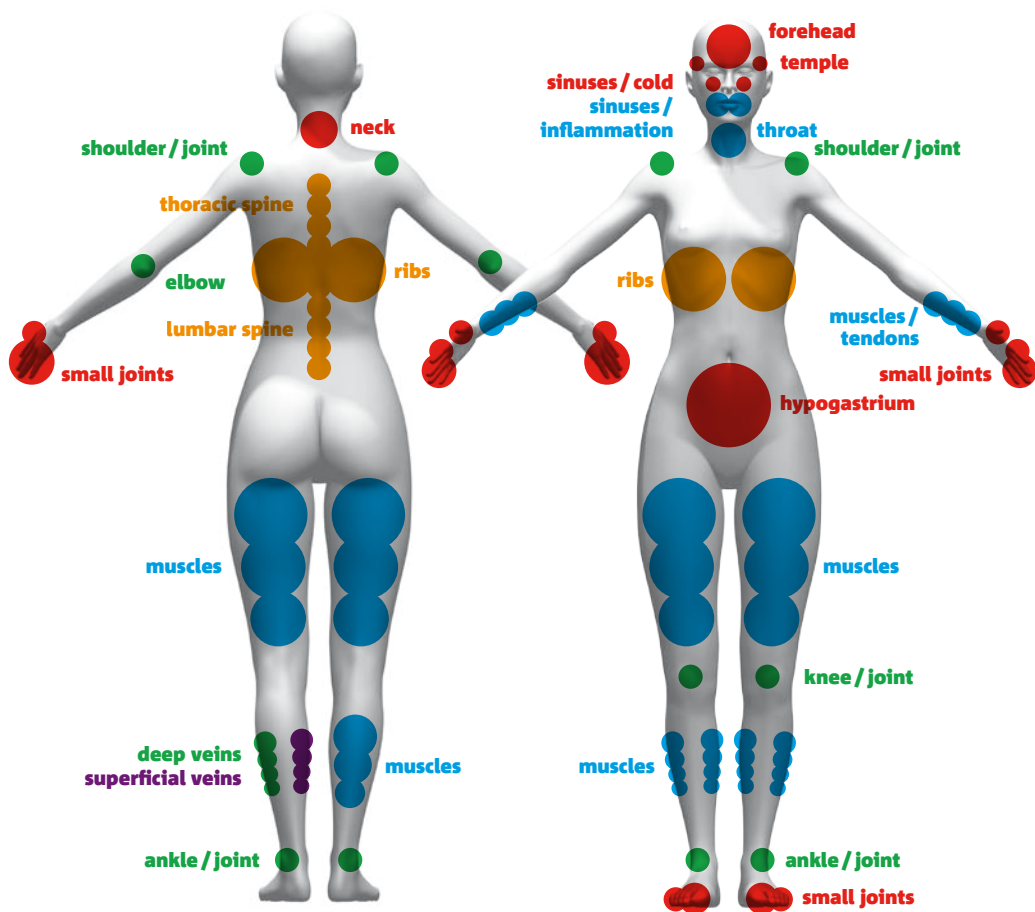
Acute conditions Chronic conditions

blue

red

green

orange



The emulsions are intended for common use and for individual application, i.e. for the treatment of various injuries, muscular strains and overexertions. They are very suitable for both professional and amateur sportsmen. It is recommended to use them before sports performance and after it for regeneration.

Unique concept of supportive cooling and warming emulsions, developed by major Czech chiropractor and neurologist MUDr. Ondřej Toman.



a cooling emulsion for acute problems

tangerine / mint / camphor

indications: muscles, joints, sinews

replace by **EFFFI green** after a week's use



a slightly warming emulsion with effects on chronic afflictions

pine / tangerine / chestnut

indications: lumbar spine, thoracic spine, ribs and sites with chronic afflictions

to be combined with **EFFFI green**



a cooling emulsion intended for regeneration and conditions after various injuries

tangerine / chestnut / menthol

MSM – a substance with clinically proven effects on cartilage restoration

indications: tendons, muscles, joints

continue to **EFFFI blue**, to be combined with **EFFFI orange**



a warming emulsion with soothing and long-term effects

pine / cinnamon / ginger

indications: head, neck, limbs, kidneys

to be combined with **EFFFI orange**



a cooling emulsion with regenerating effects on the skin

aloe vera / hemp / marigold

indications: grazes, scratches and burns, postoperative scars, skin afflictions, surface phlebitis
to be combined with any of the other emulsions as needed



a firming-up emulsion for lymphatic oedemas and cellulite; the emulsion increases the local metabolic process

chestnut / cinnamon / grapevine leaf / sophora japonica /
oak bark / camomile / green tea / paprika